

TITLE: Another Check Mark on the List

BOOK: Chicken Soup for the Soul

PAGE: 191

TIME TO READ: 8 minutes

TOPICS: **Following Your Dream**
Making choices

AGE LEVEL: Grades 3 and up

SYNOPSIS: This powerful list of 127 goals was created by John Goddard at age 15. Checkmarks indicate the 108 goals he has already accomplished.

NOTES TO TEACHER:

We suggest that you go over *parts* of the list at a time, and/or post the entire list and/or put the list on an overhead for students to view.

John Goddard has his goals in a list format. While there is nothing wrong with writing goals in this manner, it may be a good time to introduce the concept of **SMART** goals (see appendix page 359-Elem, 361-MS, 353-HS). Most people need some time-lines in order to stay on their goal path.

Chicken Soup for the Soul
Another Check Mark on the List

ELEMENTARY:

PRE-QUESTIONS:

What is a goal? (*a wish or dream that is specific, measurable, and has a deadline.*)

- Brainstorm students' goals.

Read Story

POST- QUESTIONS:

What do you think of John Goddard's goals?

How old was he when he made this list?

Do you think you are old enough to start writing goals now?

- Why or why not?

Share in **circle talks** (appendix page 317-elementary) the one goal that *you* think is the most amazing thing on John Goddard's list?

STUDENT ACTIVITIES:

List five things you have accomplished in life that you are proud of (teachers can get them started . . . i.e. learning to walk, riding a bike, learning to read, obtaining a Scout Merit Badge, etc.).

List five things you still want to do before you die.

Do you think your list has changed since hearing John Goddard's list?

- Why or why not?

Make a bulletin board of "classroom goals."