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CONTACT: Amy Currie (512) 478-2028 ext. 211

Words of wisdom for growing older

Chicken Soup for the Soul collection offers perspective for the golden years

COS COB, Conn. – Sure, you may have a few more wrinkles, a little less hair and much more time on your hands, but crossing the age 60 threshold also ensures you have a better perspective – a special insight on life – that you didn't possess in your younger years. And whether you're beginning a new adventure in retirement, or just starting the journey to the golden years down the road, nothing can replace the priceless experiences you will have along the way.

Chicken Soup for the Soul: Older & Wiser (Chicken Soup for the Soul, September 2008, \$14.95) presents real-life, inspirational stories about the wisdom we gain on the journey of life, and – as *Chicken Soup for the Soul* contributor Tom Harken writes – the “matchless moments” that we never forget. Written from the perspective of all ages, including retirees and divorcees, grandparents and grandchildren, and husbands and wives, *Chicken Soup for the Soul: Older & Wiser* has a story for everyone at every age.

“As a grandmother, I still have aches and pains, but they are merely reminders of the privilege of growing older,” writes *Chicken Soup for the Soul* contributor Mickey Mann Johnson. “Like George Burns once said, ‘Growing older is not always golden, but it sure beats the alternative.’”

Chicken Soup for the Soul: Older & Wiser is part of the “101 Best Stories” series by the new publisher of Chicken Soup for the Soul books. With refreshed cover designs and interior layouts, books in the “101 Best Stories” series offer the Editor's favorite tales and poems submitted in the 15-year history of Chicken Soup for the Soul, reflecting the brand's excitement and new energy on this memorable anniversary.

In *Older & Wiser*, you'll read about:

- How author Sally Kelly-Engeman found love for the second time, experiencing two great loves in one lifetime.
- How author Leslie J. Clark embraced a two-year sailing trip around the world as part of her husband's mid-life crisis.
- How author Denise Jacoby's Grandfather snuck out of the house to surprise his worried wife with flowers for Valentine's Day
- How author Anita Cheek Milner celebrated her 50th birthday with a “Fifty is Nifty” pin

Chicken Soup for the Soul: Older and Wiser (Jack Canfield, Mark Victor Hansen, and Amy Newmark) releases September 2008. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series which are distributed through Simon and Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees through IMG, the world's premier licensing agent. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support and inspiration. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: www.chickensoup.com.

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To request a review copy or excerpt of *Chicken Soup for the Soul: Older and Wiser*, please contact Amy Currie at (512) 478-2028 ext. 211 or acurrie@phenixpublicity.com.